

Selection of Dipping Sauces

Ranch Dressing	€2.60
Contains: 4, 6, 11	
Chipotle Mayonnaise	€2.60
Contains: 4, 6, 11	
Soy Ginger Dressing	€2.60
Contains: 4, 7	
Garlic Mayonnaise	€2.60
Contains:4, 6, 11	

Desserts

Lemon and Vanilla Cheesecake:	€8.40
With seasonal berries and Chantilly Cream. Contains: 10W, 2, 6, 7	
Salted Caramel & Chocolate Brownie Sundae	€8.90
Contains: 2, 6, 7, 10W	
Chocolate and Orange Bar	€8.40
With cream anglaise and peach. Contains: 2, 6, 7, 10W	
Selection of Boulaban Irish Ice Cream	€7.40
Choose three scoops of the following flavours:	
Vanilla, mocha coffee, strawberry, chocolate, salted caramel	
Contains: 2, 6	

For Coffee Lovers

Espresso	€3.60
A shot of strong, highly aromatic coffee with a thick rich crema	
Americano	€3.70
A perfectly balanced fusion of hot water and espresso	
Cappuccino	€4.10
2 shots of espresso & steamed milk with a velvety texture	
Contains allergens 2	
Caff� Latt�	€4.10
A shot of espresso with silky, textured milk for a smoother taste.	
Contains allergens 2	
Caramel Latt�	€4.70
A shot of espresso, silky, textured milk & caramel sauce	
Contains allergens 2	
Hazelnut Latt�	€4.70
A shot of espresso, silky, textured milk & hazelnut syrup	
Contains allergens 2, 5h	
Hot Chocolate	€4.10
A luxurious, steaming hot & lusciously smooth chocolate drink.	
Contains allergens 2	
Caff� Mocha	€4.50
All the smoothness of a latt�, with an added shot of chocolate.	
Contains allergens 2	
Add an extra shot	€0.70

This tea is so tas-tea

Irish Breakfast Tea	€3.70
Classic Assam tea with intensive aroma	
Specialty Herbal Teas	€3.70
Peppermint, Camomile, Earl Grey, Sencha Green, Summer Fruit	

TAKE CHARGE. RECHARGE IN
CINNABAR

OPEN DAILY FROM 12PM - 3PM

Fast and Fresh

Soup of Day & Soda Bread	€6.80
(Vegan option available on Vegan Menu) Contains: 12 , 10W,	
Re-Fuel Salad	€13.60
Kale, quinoa, sunflower seeds, feta, spinach, pomegranate	
dressing, pomegranate seed, roast sweet potato. Contains: 2,	
4, 12	
Garlic Prawn Linguine	€21.40
Broad beans, baby spinach, with semi dried tomatoes & basil	
cream sauce. Contains: 2, 3, 4, 10W, 12	
Vegan Yellow Coconut Curry	€19.30
Sweet potato, tofu, cashew nuts & basmati rice. Contains: 4,	
5, 7, CN	

Soup

Soup of Day	€6.80
with soda bread (Vegan option available on Vegan Menu)	
Contains: 12, 10W	

Salad Corner

Re-Fuel Salad	€13.60
Kale, quinoa, sunflower seeds, feta, spinach, pomegranate dressing,	
pomegranate seed, roast sweet potato. Contains: 2, 4, 12	
Add Chicken	€5.30
Add Prawns	€5.80
Contains: 3	
Cinnabar Caesar Salad	€14.10
Smoked bacon lardons, baby gem lettuce, garlic focaccia crotons,	
poached egg, Caesar dressing.	
Contains- 2, 6, 9, 10W, 7, 11, 4	
Add Chicken	€5.30
Add Prawns	€5.80
Contains: 3	



Appetisers

Beef Cheek Croquettes	€16.20
Red onion marmalade & horseradish mayonnaise Contains: 4, 6, 7, 10W, 11, 12	
Chicken Wings	€13.10
With pomegranate BBQ sauce or Hot sauce Contains: 4, 7, 8, 10W, 11	
Southern Fried Chicken Goujons	€9.90
With ranch dressing Contains: 6, 7, 10W	
Mini Fish Cakes	€14.10
Soy ginger dressing. Contains: 4, 6, 7, 8, 9, 10W	
Garlic Prawns	€9.90
Butter sauce and grilled country loaf bread. Contains: 2, 3, 10W	

Mains

Fresh Market Fish	€21.40
Lightly battered in craft beer, pea & mint fricassee, remoulade sauce, grilled lemon & fries. Contains: 4, 6, 9, 10W, B, 11	
Garlic Prawn Linguine	€21.40
Broad beans, baby spinach, with semi dried tomatoes & basil cream sauce. Contains: 2, 3, 4, 10W, 12	
Singapore Noodles	€20.40
Light rice noodles wok fried with curry paste, shrimps, chicken strips & Asian vegetables Contains: 3, 6, 10W	
Thai Green Chicken Vegetable & Coconut Curry	€20.40
with basmati rice. Contains: 3, 9, 4, 12	

Perfect partners

Fries	€4.70
Crispy Sweet Potato Fries	€5.30
Pea & Mint Fricassee	€6.30
Contains: 4	
Baby Stem Broccoli with Lemon Butter	€5.30
Contains: 2, 7, 10W	
Chef’s Side Salad	€4.70
Contains: 4, 11	
Honey Roasted Carrots	€4.70

Burger section

Gahan Gourmet Beef Burger	€19.90
Gourmet 8oz beef burger, Dubliner cheese, gherkins butterhead lettuce, Irish smoked ketchup, brioche bap, red onion, tomato & fries. Contains: 2, 4, 6, 10W	
Grilled Cajun Chicken Burger	€19.40
Red cabbage slaw, baby spinach, tomato, chipotle mayonnaise, brioche Bap, cheddar cheese & sweet potato fries Contains: 4, 6, 10W, 11	
Make it a Double	€4.30
Add a Fried Egg	€3.20
Add Bacon	€4.30

Lunch sandwich Selection

Fresh	€8.40
Toasted	€9.50
White, Wholemeal Bread or Wrap Three slice of bread (10W) – with your choice of three of the following fillings served with crisps:	
Ham (4), Chicken, Roast beef, Turkey (2), Tuna (9) Cheddar (2), Mozzarella (2) Tomato, Cucumber, Red onion, Butterhead lettuce Egg mayonnaise (6, 4, 11)	

Signature sandwiches

Sandwich of the Day	
See your server for additional details.	
Triple Decker BLT Sandwich with Avocado	€13.60
Bacon, lettuce, tomato, avocado on toasted white or brown sourdough bread with fries Contains: 2, 4, 10W	
Toasted Cajun Ranch Chicken Wrap	€15.20
Cajun chicken goujons, streaky bacon, butterhead lettuce, ranch dressing, red onion relish, cheddar cheese with fries Contains: 2, 4, 6, 10W	
The Cheesy Vegan Chargrilled Sweet Potato Sandwich	€15.20
Chargrilled sweet potato, American mustard mayo, vegan cheese, red onion relish, rocket leaves on grilled garlic Country loaf with fries Contains: 4, 7, 10W, 11	

All beef used within our menu is 100% Irish and locally sourced.
All our chicken comes from the Netherlands. Our oil used for frying is GM free pure rapeseed oil

Our dishes contain the following allergens:
1 Peanuts 2 Milk 3 Shellfish 4 Sulphites/ 5 Tree nuts/ 6 Eggs/ 7 Soya/ 8 Sesame/ 9 Fish/ 10 Cereals containing gluten (B) = Barley (W) = Wheat (O) = Oats (R) = Rye/ 11 Mustard/ 12 Celery/ 13 Molluscs/ 14 Lupin/ (WN)=Walnuts (HN) = Hazelnuts (P) = Pistachios (PN) = Peanuts (PI)= Pine nuts (CN) = Cashew nuts (A) = Flaked Almonds (TN) = Tree Nuts (PC) = Pecans