

SMALL
PLATES

CHEF'S SOUP OF THE DAY €7.00
Homemade wheaten loaf, herb butter
Contains allergens: 2, 6, 10a, 12

DEEP FRIED PANKO CRUMBED BRIE €9.50
Chilli jam, arugula, watercress, fig & peach
Contains allergens: 2, 4, 6, 10a

SEAFOOD CHOWDER €11.00
Selection of fresh & smoked fish, white wine, cream, spring onion, parsley oil, wheaten loaf & herb butter
Contains allergens: 2, 3, 4, 6, 9 haddock, salmon, coley, 10a, 13

BONELESS CHICKEN WINGS
Sweet & Sticky, toasted wasabi sesame seeds, hoisin mayo or Frank's hot sauce, garlic mayonnaise
REGULAR PORTION €13.50
LARGE PORTION €18.50
Contains allergens: 4, 6, 7, 8, 10a

CRISPY CHICKEN WINGS
Sweet & sticky sauce, toasted wasabi sesame seeds, hoisin mayo or Frank's hot sauce, garlic mayonnaise
REGULAR PORTION €12.00
LARGE PORTION €17.00
Contains allergens: 4, 6, 7, 8, 10a

CHICKEN LIVER PATÉ €9.00
Toasted sour dough, apple & plum chutney
Contains allergens: 2, 4, 10a, may contain traces of 5, 8

CRISP OVEN BAKED GARLIC BREAD €9.00
Ciabatta, mozzarella, garlic butter, dressed garden salad
Contains allergens: 2, 4, 10a, may contain traces 5, 7, 8, 11

NACHOS (V) €11.00
Crispy corn tortillas, salsa, cheese sauce topped with jalapeños
ADD CHILLI BEEF €2.00
Contains allergens: 2, 4, 12

Available 12pm - 6pm

SPECIALITY
SANDWICHES

CROQUE MONSIEUR €9.50
Toasted sour dough, smoked cheese, ham, béchamel, mustard mayo
Contains allergens: 2, 4, 10a, 11, may contain traces 5, 6, 7, 8

CLUB SANDWICH €12.50
Maple bacon, fried egg, peppered rocket, turkey, tomato, lettuce & ballymaloe relish
Contains allergens: 2, 4, 6, 7, 10a, 11, may contain traces 5, 8

VEGAN STACK €9.50
Spiced chickpeas, mixed leaf, tomato, red onion, avocado & vegan cheese
Contains allergens: 4, 7, 10a, may contain traces 5, 8

CAJUN CHICKEN SANDWICH €13.50
Grilled sourdough, Cajun chicken, rocket, Cajun mayonnaise, maple bacon
Contains allergens: 6, 10a, 11, may contain traces 5, 8

SLOW COOKED BRISKET SANDWICH €12.00
Brioche, BBQ brisket, honey mustard slaw,
Contains allergens: 2, 4, 6, 10a, 11

ADD FRIES TO ANY OF THE ABOVE €4.00

CREATE YOUR OWN
SANDWICHES

WHOLEMEAL OR WHITE BREAD €7.00
Contains allergens: 7, 10a

TOASTED BREAD €7.50
Contains allergens: 7, 10a

GLUTEN FREE BREAD €7.50
Contains allergens: 6

SOFT TORTILLA WRAP €7.50
Contains allergens: 10a

CIABATTA €9.00
Contains allergens: 10a

FILLINGS:
Sliced beef, chicken, tuna mayonnaise (contains allergens 6, 9), egg mayonnaise (contains allergens 6),
Dubliner cheddar cheese (contains allergens 2),
tomato, cucumber, red onion

LARGE
PLATES

MAC 'N' CHEESE €15.00
Macaroni, cheese sauce, smoked bacon pieces, scallions & chilli oil (vegetarian option available)
Contains allergens: 2, 4, 10a, may contain traces 7, 8

BEYOND MEAT VEGAN BURGER €17.00
Vegan sesame bun, butterhead lettuce, beef tomato, onion, salsa & guacamole
Served with twice cooked fries
Contains allergens: 4, 8, 9, 10a, 11

FISH 'N' CHIPS €19.00
Tempura battered lemon sole, tartar sauce, mushy peas, twice cooked fries & lemon wedge
Contains allergens: 2, 4, 6, 9 sole, 10a, 11

SANCTUARY BURGER €19.50
Double stacked 4oz bone marrow beef burgers, Dubliner cheese, maple streaky bacon, tomato, pickle, butterhead lettuce & house burger sauce
Served with twice cooked fries
ADD A FRIED EGG €1.00
UPGRADE TO LOADED FRIES €3.00
Contains allergens: 2, 4, 6, 7, 8, 9 anchovies, 10a, 11, may contain 5

SOUTHERN FRIED CHICKEN BURGER €19.00
Spicy coated chicken fillet, cheese, crispy bacon, tomato, lettuce, honey & mustard slaw
Served with twice cooked fries
UPGRADE TO LOADED FRIES €3.00
Contains allergens: 2, 6, 7, 8, 10a, 11

BRAISED LAMB SHANK €21.00
Herb mash, roasted carrots, shallots & turnip, red wine & rosemary gravy
Contains allergens: 2, 4, 11, 12

PAN SEARED 10oz SIRLOIN €32.00
Garlic green beans, sauté onions
Served with twice cooked fries
Served with choice of green peppercorn, garlic butter or béarnaise sauce
Contains allergens: 2, 4, 6, 11

10oz CHAR GRILLED RIB EYE STEAK €32.00
Garlic green beans, sauté onions
Served with twice cooked fries
Served with choice of green peppercorn, garlic butter or béarnaise sauce
Contains allergens: 2, 4, 6, 11

SALAD
BOWLS

SANCTUARY CAESAR SALAD €10.50
Baby gem lettuce, crisp croutons, shaved Grana Padano, smoked pancetta, Caesar dressing
ADD SOUTHERN FRIED CHICKEN €5.00
Contains allergens: 2, 4, 6, 9 anchovies, 10a

SUPERFOOD SALAD (VG) €13.50
Mixed leaf, honey roasted butternut squash, peppers, quinoa, edamame, beetroot, toasted sunflower seeds, walnuts, mint & Balsamic vinegarette
ADD GRILLED CHICKEN €4.00
Contains allergens: 4, 5b, 7, 10a, 11, 12

MIXED COBB SALAD €13.50
Mixed leaf, watercress, smoked crispy bacon, avocado, pickled red onion, boiled egg, cucumber, cherry vine tomatoes, crumbled Cashel blue cheese, honey mustard dressing
Contains allergens: 2, 4, 6, 11

SIDE
ORDERS

GARLIC & CHEESE FRIES €7.95
Garlic mayo, grated cheddar cheese, spring onions
Contains allergens: 2, 6

BACON & CHEESE FRIES €8.95
Smoked pancetta, grated cheddar cheese, spring onion
Contains allergens: 6 & 10a

TACO FRIES €9.95
Chilli beef, spicy mayonnaise, grated cheddar cheese, spring onion
Contains allergens: 2, 6

HONEY & MUSTARD SLAW €4.00
Contains allergens: 6, 11

BEER BATTERED ONION RINGS €4.00
Contains allergens: 10a

TWICE COOKED FRIES €4.00
Contains allergens: may contain 10a

MASHED POTATOES €4.00
Contains allergens: 2

MIXED LEAF SALAD €4.00
Contains allergens: 4, 11

ROASTED ROOT VEGETABLES €4.00

DESSERTS

Vanilla Cheesecake
Oreo biscuit base, raspberry gel, berry compote
Contains allergens: 2, 7, 10a

€8.00

Warm Chocolate Brownie
Salted caramel ice-cream, butterscotch sauce
Contains allergens: 2, 6, 10a

€8.00

Selection of Ice Cream
Mixed berries, popping candy, wafer cone
Contains allergens: 2, 7, 10a, mct 5

€6.50

Sticky Toffee Pudding
Vanilla ice-cream, toffee sauce
Contains allergens: 2, 6, 7, 10a, mct 5

€8.00

Selection of Irish Cheese
Wafer crackers, grapes, chutney
(Please ask your server for today's selection)
Contains allergens: 2, 4, 6, 7, 8, 10a, mct 5

€13.00

TO FINISH

Irish Coffee
Coffee, Irish whiskey, sugar, cream
Contains allergens: 2

€8.00

Baileys Coffee
Coffee, Baileys liquor, sugar, cream
Contains allergens: 1, 2, 10

€8.00

French Coffee
Coffee, brandy, sugar, cream
Contains allergens: 2

€8.00

White Russian
Vodka, Kahlua, cream
Contains allergens: 2

€13.00

Espresso Martini
Kahlua, Istil vanilla vodka, sugar syrup, espresso

€13.50

TEAS & COFFEES

Espresso
A shot of strong, highly aromatic coffee with a thick rich crema
Contains allergens: 2

€3.60

Americano
A perfectly balanced fusion of hot water & Espresso

€3.90

Cappuccino
2 shots of espresso & steamed milk with a velvety texture
Contains allergens: 2

€4.20

Caffé Latté
1 shot of espresso with a silky textured milk for a smoother taste
Contains allergens: 2

€4.40

Caffé Mocha
All the smoothness of a latté, with an added shot of chocolate
Contains allergens: 2

€4.60

Caramel Latté
All the smoothness of a latté, with added caramel sauce
Contains allergens: 2

€4.80

Hazelnut Latté
All the smoothness of a latté, with added hazelnut sauce
Contains allergens: 2, 5h

€4.80

Irish Breakfast Tea
Classic Assam tea with an intensive aroma

€3.45

Specialty Herbal Teas
Peppermint, camomile, earl grey, sencha green, summer fruit

€3.45



SANCTUARY
BAR & LOUNGE
MENU



All beef used within our menu is 100% Irish and locally sourced. Our oil used for frying is GM free pure rapeseed oil

Unfortunately, we are unable to split bills for tables of six people or more

1. Peanuts 2. Milk 3. Shellfish 4. Sulphites 5. Nuts 5a. Almonds 5b. Walnuts 5c. Pine Nut 5d. Cashew 5e. Brazil Nut 5f. Coconut 5g. Pistachio 5h. Hazelnuts 5i. Pecans 5j. Macadamia Nuts 6. Eggs 7. Soy 8. Sesame 9. Fish 10. Gluten 10a. Wheat 10b. Oats 10c. Barley 10d. Rye 11. Mustard 12. Celery 13. Molluscs 14. Lupin