

Sides

Side Dishes

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| French fries | €4.50 |
| Tossed garden salad with house dressing (Contains: 11) | €4.50 |
| Beer battered onion rings (Contains: 6, 10 wheat, 14) | €4.50 |
| Seasonal vegetables (see your server) | €4.50 |
| Chunky chips | €4.50 |
| Sweet potato fries | €4.50 |

Dipping Sauces:

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| Sweet Chilli (Contains: 11) | Each €1.60 |
| Garlic Mayo (Contains: 6, 7) | |
| Spicy BBQ (Contains: 11) | |
| Sour cream (Contains: 2) | |
| Chunky tartar sauce (Contains: 2, 6, 7) | |



Executive Head Chef: Alan Brady

Tell us what you're allergic to

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|-------------------|--------------------------------|------------------------|-----------|
| 1 Peanuts | 2 Dairy | 3 Shellfish & Molluscs | 4 Lupin |
| 5 Nuts, | 6 Eggs | 7 Soy | 8 Sesame |
| 9 Fish | 10 Gluten | 11 Mustard | 12 Celery |
| 13 Macadamia Nuts | 14 Sulphur Dioxide / Sulphites | | |

(B) = Barley (W) = Wheaten (V) = Vegetarian

And we will tell you what you can eat.

All of our Beef and pork is 100% Irish.
Our oil for frying is GM free Pure Rapeseed Oil.

Desserts

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| Selection of Ice Cream | €6.50 |
| Crushed meringue, fruit coulis, chocolate shavings (Contains: 2, 6, V) | |
| Warm Chocolate Brownie | €7.00 |
| Vanilla ice cream, caramel sauce (Contains: 2, 6, 10 wheat, V) | |
| Cheesecake of the Day | €7.00 |
| Chocolate sauce, fresh cream, berries (Contains: 2, 6, 10 wheat) | |
| Tiramisu | €7.00 |
| Coffee soaked biscuit, mascarpone, fresh cream, cocoa (Contains: 2, 6, 10 wheat, 14, V) | |
| Treacle & Ginger Cake | €7.00 |
| Crème anglaise, fresh berries, toasted almonds (Contains: 2, 5, 6, 10 wheat, V) | |
| Homemade Cookies | €7.00 |
| With hot chocolate & marshmallows (Contains: 2, 6, 10 wheat, V) | |
| Freshly Baked Scone | €5.00 |
| With fresh cream and strawberry preserve (Contains: 2, 6, 10 wheat, V) | |
| Fresh Fruit Salad | €6.50 |
| Cinnamon syrup, fresh berries, raspberry sorbet (V) | |
| Tea & Coffee | |
| Specialty Tea Selection | €3.70 |
| Pure peppermint & spearmint, pure rooibos (caffeine free), pure white tea with cranberry, pure camomile, pure sencha green tea, Irish breakfast, earl grey & decaf tea, ginger & lemon grass tea, elderflower & lemon | |
| Americano | €3.50 |
| Espresso | €3.20 |
| Double Espresso | €3.70 |
| Caffè Latté (Contains: 2) | €3.70 |
| Caffè Mocha(Contains: 2) | €3.70 |
| Caramel Latté (Contains: 2) | €4.00 |
| Cappuccino (Contains: 2) | €3.70 |
| Hot Chocolate (Contains: 2) | €3.80 |
| Irish Coffee (Contains: 2) | €8.50 |
| Liqueur Coffee/Latté (Contains: 2) | €8.50 |
| Extra shot of Espresso | €0.50 |



Eat
Drink
Enjoy

Fast and Fresh

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| Confit Tomato Soup Spiced mascarpone, herb oil (Contains: 2, V) | €7.50 |
| Chilli Chicken Salad Crispy chicken pieces, red onion, cherry tomato, mixed baby leaf, sweet chilli dressing (Contains: 10 wheat) | €13.50 |
| Super Salad Semi dried tomatoes, chickpeas, shaved celery, pickled red onion, feta cheese, capsicum, roasted sunflower & pumpkin seeds, mixed leaf, Dijon mustard & red wine vinaigrette (Contains: 2, 11, 12, 14, V) With grilled chicken | €13.00 €16.50 |
| Teriyaki Vegetable Stir Fry Peppers, onion, spring onion, bean sprouts & broccoli served with steamed rice (Contains: 7, 10 wheat, 14, V) With beef With chicken | €13.00 €16.50 €15.95 |

Soup

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| Soup of the day House-made soda (Contains: 2, 10 wheat, 12, V) | €6.50 |
| Seafood Chowder Selection of fresh & smoked fish, shrimp & mussels, white wine cream, spring onion, herb oil (Contains: 2, 3, 9 salmon, haddock, hake, 12, 14) | €9.00 |

Salads

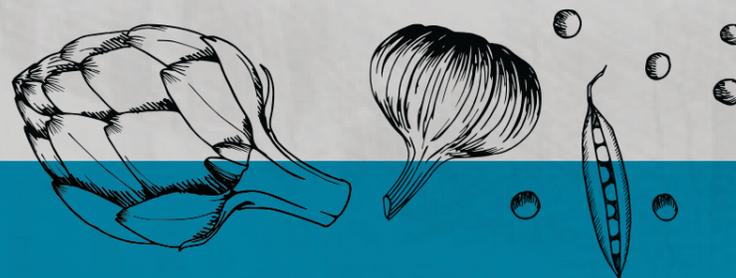
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| Caesar Salad Baby gem, smoked pancetta, Caesar dressing, crunchy croutons, parmesan shavings (Contains: 2, 6, 7, 9 anchovies, 10 wheat, may contain traces of nuts) With grilled chicken | €10.50 €14.00 |
| Thai Styled Beef Salad Thai spiced beef julienne, baby gem, onion, mixed peppers, Thai style dressing (Contains: 3 oyster, 7, 8, 10 wheat, 14) | €14.50 |

Light Bites

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| Clonakilty Black Pudding Scotch Egg Dressed rocket, crisp bacon lardons, apple puree (Contains: 6, 10 wheat, oatmeal, may contain traces of nuts) | €9.00 |
| Sea Salt & Rosemary Flat Bread Roasted red pepper & Tipperary cream cheese dip, black olive tapenade, guacamole (Contains: 2, 10 wheat, may contain traces of nuts) | €10.00 |
| Bowl of Chicken Wings Red-hot sauce, celery stick, chunky blue cheese dip (Contains: 2, 6, 7, 12) Small Large | €10.00 €14.50 |
| Full Rack of Ribs Spiced bbq & honey dip, crunchy slaw (Contains: 6, 7, 11) | €15.50 |

Large Plates

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| Fried Tofu Sweet potato puree, pan-fried leek, tomato & coriander salsa, red pepper coulis (Contains: 7, V) | €13.00 |
| BBQ Pulled Pork 8 hour cooked pork shoulder, bbq sauce, melted cheese, crunchy slaw, brioche bun served with French fries (Contains: 2, 6, 7, 10 wheat, 11, may contain traces of nuts) | €14.50 |
| Cajun Chicken Fillet Burger Naan bread, Ballymaloe relish, garlic mayo, lettuce & tomato served with French fries (Contains: 6, 7, 10 wheat, 11) | €15.50 |
| Sundried Tomato & Basil Gnocchi Basil oil, goats cheese, roast walnuts, balsamic (Contains: 2, 5, 10 wheat, 14, V) | €14.95 |



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| Veggie Burger Pumpkin, spinach and quinoa patty, brioche bun, harissa hummus, beef tomato & rocket salad served with French fries (Contains: 10 wheat, 11, may contain traces of nuts, V) | €13.50 |
| Bangers & Mash Pork & leek sausage, herb mash, shallot gravy, crispy onions (Contains: 7, 10 wheat) | €15.50 |
| Fish "N" Chips Beer battered fresh haddock, minted crushed peas, chunky tartar sauce, lemon, chunky chips (Contains: 6, 7, 9, 10 wheat, 14) | €16.00 |
| Classic Beef Burger Grilled ½-pound beef patty, brioche bun, smoked streaky bacon, creamy emmental cheese, baby gem, tomato, paprika onions, sanctuary secret sauce served with French fries (Contains: 2, 6, 7, 10 wheat, 11, 14, may contain traces of nuts) | €16.50 |
| 10oz Aged Rib Eye Steak Truffle mash potato, béarnaise sauce, pan fried mushrooms (Contains: 2, 11, 14) | €26.95 |

