

Sides

Side Dishes	
French fries	€4.50
Tossed garden salad with house dressing (Contains: 11)	€4.50
Beer battered onion rings (Contains: 6, 10 wheat, 14)	€4.50
Seasonal vegetables (see your server)	€4.50
Chunky chips	€4.50
Sweet potato fries	€4.50

Dipping Sauces:

Sweet Chilli (Contains: 11)	
Garlic Mayo (Contains: 6, 7)	
Spicy BBQ (Contains: 11)	
Sour cream (Contains: 2)	
Chunky tartar sauce (Contains: 2, 6, 7)	Each €1.60



Executive Head Chef: Alan Brady

Tell us what you're allergic to

1 Peanuts	2 Dairy	3 Shellfish & Molluscs	4 Lupin
5 Nuts,	6 Eggs	7 Soy	8 Sesame
9 Fish	10 Gluten	11 Mustard	12 Celery
13 Macadamia Nuts	14 Sulphur Dioxide / Sulphites		

(B) = Barley (W) = Wheaten (V) = Vegetarian

And we will tell you what you can eat.

All of our Beef and pork is 100% Irish.
Our oil for frying is GM free Pure Rapeseed Oil.

Desserts

Selection of Ice Cream	€6.50
Crushed meringue, fruit coulis, chocolate shavings (Contains: 2, 6, V)	
Warm Chocolate Brownie	€7.00
Vanilla ice cream, caramel sauce (Contains: 2, 6, 10 wheat, V)	
Cheesecake of the Day	€7.00
Chocolate sauce, fresh cream, berries (Contains: 2, 6, 10 wheat)	
Tiramisu	€7.00
Coffee soaked biscuit, mascarpone, fresh cream, cocoa (Contains: 2, 6, 10 wheat, 14, V)	
Treacle & Ginger Cake	€7.00
Crème anglaise, fresh berries, toasted almonds (Contains: 2, 5, 6, 10 wheat, V)	
Homemade Cookies	€7.00
With hot chocolate & marshmallows (Contains: 2, 6, 10 wheat, V)	
Freshly Baked Scone	€5.00
With fresh cream and strawberry preserve (Contains: 2, 6, 10 wheat, V)	
Fresh Fruit Salad	€6.50
Cinnamon syrup, fresh berries, raspberry sorbet (V)	

Tea & Coffee

Specialty Tea Selection	€3.70
Pure peppermint & spearmint, pure rooibos (caffeine free), pure white tea with cranberry, pure camomile, pure sencha green tea, Irish breakfast, earl grey & decaf tea, ginger & lemon grass tea, elderflower & lemon	
Americano	€3.50
Espresso	€3.20
Double Espresso	€3.70
Caffè Latté (Contains: 2)	€3.70
Caffè Mocha(Contains: 2)	€3.70
Caramel Latté (Contains: 2)	€4.00
Cappuccino (Contains: 2)	€3.70
Hot Chocolate (Contains: 2)	€3.80
Irish Coffee (Contains: 2)	€8.50
Liqueur Coffee/Latté (Contains: 2)	€8.50
Extra shot of Espresso	€0.50



Dinner



Eat
Drink
Enjoy

Fast and Fresh

Confit Tomato Soup Spiced mascarpone, herb oil (Contains: 2, V)	€7.50
Chilli Chicken Salad Crispy chicken pieces, red onion, cherry tomato, mixed baby leaf, sweet chilli dressing (Contains: 10 wheat)	€13.50
Super Salad Semi dried tomatoes, chickpeas, shaved celery, pickled red onion, feta cheese, capsicum, roasted sunflower & pumpkin seeds, mixed leaf, Dijon mustard & red wine vinaigrette (Contains: 2, 11, 12, 14, V) With grilled chicken	€13.00 €16.50
Teriyaki Vegetable Stir Fry Peppers, onion, spring onion, bean sprouts & broccoli served with steamed rice (Contains: 7, 10 wheat, 14, V) With beef With chicken	€13.00 €16.50 €15.95

Soup

Soup of the day House-made soda (Contains: 2, 10 wheat, 12, V)	€6.50
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Seafood Chowder Selection of fresh & smoked fish, shrimp & mussels, white wine cream, spring onion, herb oil (Contains: 2, 3, 9 salmon, haddock, hake, 12, 14)	€9.00
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Salads

Caesar Salad Baby gem, smoked pancetta, Caesar dressing, crunchy croutons, parmesan shavings (Contains: 2, 6, 7, 9 anchovies, 10 wheat, may contain traces of nuts) With grilled chicken	€10.50 €14.00
Thai Styled Beef Salad Thai spiced beef julienne, baby gem, onion, mixed peppers, Thai style dressing (Contains: 3 oyster, 7, 8, 10 wheat, 14)	€14.50

Light Bites

Clonakilty Black Pudding Scotch Egg Dressed rocket, crisp bacon lardons, apple puree (Contains: 6, 10 wheat, oatmeal, may contain traces of nuts)	€9.00
Sea Salt & Rosemary Flat Bread Roasted red pepper & Tipperary cream cheese dip, black olive tapenade, guacamole (Contains: 2, 10 wheat, may contain traces of nuts)	€10.00
Bowl of Chicken Wings Red-hot sauce, celery stick, chunky blue cheese dip (Contains: 2, 6, 7, 12) Small Large	€10.00 €14.50
Full Rack of Ribs Spiced bbq & honey dip, crunchy slaw (Contains: 6, 7, 11)	€15.50

Large Plates

Fried Tofu Sweet potato puree, pan-fried leek, tomato & coriander salsa, red pepper coulis (Contains: 7, V)	€13.00
BBQ Pulled Pork 8 hour cooked pork shoulder, bbq sauce, melted cheese, crunchy slaw, brioche bun served with French fries (Contains: 2, 6, 7, 10 wheat, 11, may contain traces of nuts)	€14.50
Cajun Chicken Fillet Burger Naan bread, Ballymaloe relish, garlic mayo, lettuce & tomato served with French fries (Contains: 6, 7, 10 wheat, 11)	€15.50
Sundried Tomato & Basil Gnocchi Basil oil, goats cheese, roast walnuts, balsamic (Contains: 2, 5, 10 wheat, 14, V)	€14.95



Veggie Burger Pumpkin, spinach and quinoa patty, brioche bun, harissa hummus, beef tomato & rocket salad served with French fries (Contains: 10 wheat, 11, may contain traces of nuts, V)	€13.50
Bangers & Mash Pork & leek sausage, herb mash, shallot gravy, crispy onions (Contains: 7, 10 wheat)	€15.50
Fish “N” Chips Beer battered fresh haddock, minted crushed peas, chunky tartar sauce, lemon, chunky chips (Contains: 6, 7, 9, 10 wheat, 14)	€16.00
Classic Beef Burger Grilled ½-pound beef patty, brioche bun, smoked streaky bacon, creamy emmental cheese, baby gem, tomato, paprika onions, sanctuary secret sauce served with French fries (Contains: 2, 6, 7, 10 wheat, 11, 14, may contain traces of nuts)	€16.50
10oz Aged Rib Eye Steak Truffle mash potato, béarnaise sauce, pan fried mushrooms (Contains: 2, 11, 14)	€26.95

