

Sides

Side Dishes

French fries	€4.50
Tossed garden salad with house dressing (Contains: 11)	€4.50
Beer battered onion rings (Contains: 6, 10 wheat, 14)	€4.50
Seasonal vegetables (see your server)	€4.50
Chunky chips	€4.50
Sweet potato fries	€4.50

Dipping Sauces:

Garlic mayonnaise (Contains: 6, 7)	Each €1.60
Spicy BBQ (Contains: 11)	
Sour cream (Contains: 2)	
Chunky tartar sauce (Contains: 2, 6, 7)	



Executive Head Chef: Alan Brady

Tell us what you're allergic to

- | | | | |
|-------------------|-----------|------------------------|-----------|
| 1 Peanuts | 2 Dairy | 3 Shellfish & Molluscs | 4 Lupin |
| 5 Nuts, | 6 Eggs | 7 Soy | 8 Sesame |
| 9 Fish | 10 Gluten | 11 Mustard | 12 Celery |
| 13 Macadamia Nuts | | | |

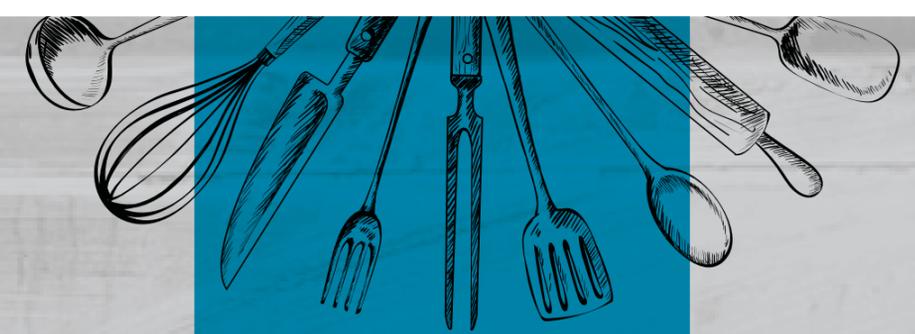
All of our Beef and pork is 100% Irish.
Our oil for frying is GM free Pure Rapeseed Oil.

Desserts

Selection of Ice Cream	€7.00
Crushed meringue, fruit coulis, chocolate shavings (Contains: 2, 6)	
Belgian Chocolate Torte	€7.00
Mascarpone ice cream, sea salt, caramel (Contains: 2, 6, 10 wheat, may contain traces of nuts)	
Cheesecake of the Day	€7.00
Please see server for today's flavour (Contains: 2, 6, 10 wheat, may contain traces of nuts)	
Baked Alaska	€7.00
Fluffy meringue, vanilla ice cream, sponge, fruit puree (Contains: 2, 6, 10 wheat, may contain traces of nuts)	
Fresh Fruit Salad	€6.00
Cinnamon syrup, fresh berries, raspberry sorbet (Contains: V)	

Tea & Coffee

Specialty Tea Selection	€3.70
Pure peppermint & spearmint, pure rooibos (caffeine free), pure white tea with cranberry, pure camomile, pure sencha green tea, Irish breakfast, earl grey & decaf tea, ginger & lemon grass tea, elderflower & lemon	
Americano	€3.50
Espresso	€3.20
Double Espresso	€3.70
Caffè Latté (Contains: 2)	€3.70
Caffè Mocha (Contains: 2)	€3.70
Caramel Latté (Contains: 2)	€4.00
Cappuccino (Contains: 2)	€3.70
Hot Chocolate (Contains: 2)	€3.80
Irish Coffee (Contains: 2)	€8.50
Liqueur Coffee/Latté (Contains: 2)	€8.50
Extra shot of Espresso	€0.50



All Day Dining



Eat Drink Enjoy

Light Bites & Sandwiches

Chef's Soup of the Day

House-made soda bread
(Contains: 2, 10 wheat, 12)

€6.50

Seafood Chowder

Selection of fresh & smoked fish, shrimp & mussels, white wine cream, spring onion, herb oil
(Contains: 2, 3 prawns & shrimp 9 salmon, haddock, hake, 12)

€9.00

Caesar Salad

Baby gem, smoked pancetta, Caesar dressing, crunchy croutons and parmesan shavings
With grilled chicken
(Contains: 2, 6, 7, 9 anchovies, 10 wheat, may contain traces of nuts)

€10.50

Super Salad

Semi dried tomatoes, chickpeas, shaved celery, pickled red onion, feta cheese, capsicum, roasted sunflower & pumpkin seeds, mixed leaf, Dijon mustard & red wine vinaigrette
With grilled chicken
(Contains: 2, 11, 12, 14)

€13.30

Oak Smoked Salmon Sandwich

House made wheaten loaf, pickled red onion rings, baby capers, dressed arugula and citrus aioli
(Contains: 2, 6, 9 salmon, 10 wheat)

€9.50

Thai Wrap

Wok fried chicken or beef with peppers & onions, sweet chilli mayo, served with fries or salad
(Contains: 2, 6, 9 salmon, 10 wheat)

€13.50

Club Sandwich

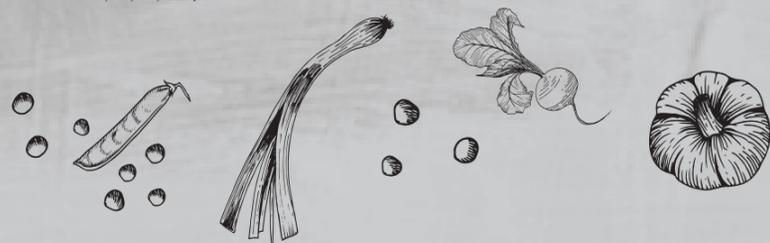
Triple decker sandwich with chicken breast, smoked streaky bacon, egg mayonnaise, lettuce, tomato served with French fries
(Contains: 2, 6, 10 wheat)

€14.50

Bowl of Chicken Wings (Small)

Red-hot sauce, celery stick, chunky blue cheese dip
(Contains: 2, 6, 7, 12)

€10.00



Large Plates

Sundried Tomato & Basil Gnocchi

Basil oil, goats cheese, roast walnuts, balsamic
(Contains: 2, 5 walnuts, 10, 14)

€14.95

Chettinad Curry

Mildly spiced red curry finished with tomato, coconut & coriander oil served with steamed basmati rice

With Vegetables

€14.50

With beef

€16.50

With chicken

€15.95

(Contains: coconut)

Cajun Chicken Fillet Burger

Brioche bun, Ballymaloe relish, garlic mayo, lettuce & tomato served with French fries

€15.50

(Contains: 6, 7, 10 wheat, 11)

Sanctuary Burger

Grilled ½-pound beef patty, brioche bun, smoked streaky bacon, emmental cheese, baby gem, tomato, paprika onions, sanctuary secret sauce served with French fries
(Contains: 2, 6, 7, 10 wheat, 14, may contain traces of nuts)

€16.50

Fish "N" Chips

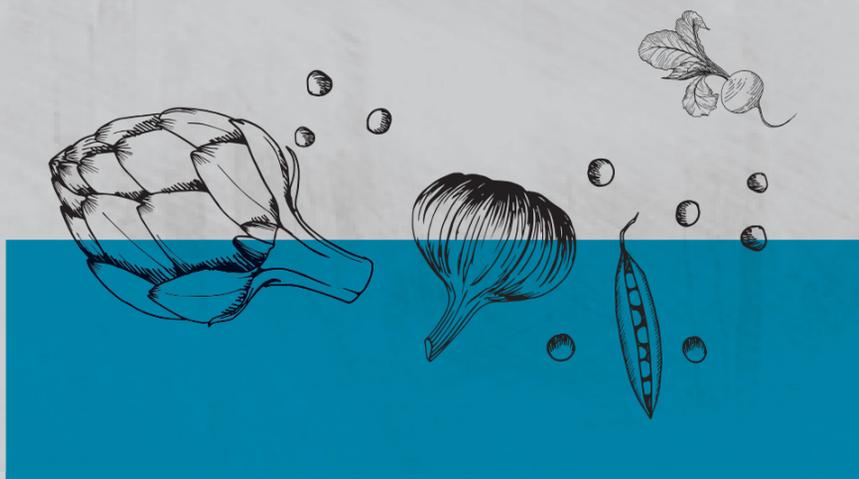
Beer battered fresh haddock, minted crushed pea, chunky tartar sauce, lemon, chunky chips
(Contains: 6, 7, 9 haddock, 14)

€16.00

10oz Sirloin Steak

Green peppercorn sauce, cured tomato, sauté mushrooms, twice cooked chips
(Contains: 2, 11, 14)

€26.95



Kids Menu

Kids Soup of the Day

(Contains: see your server)

€3.50

Kids Caesar Salad

(Contains: 2, 6, 7, 9 anchovies, 10 wheat, may contain traces of nuts)

€5.50

Mini Burgers and chip

(Contains: 6, 7, 10 wheat, 14, may contain traces of nuts)

€5.59

Chicken Goujons/Sausage and Chips

(Contains: 10 wheat, 14)

€5.59

Cheesy Tomato Pasta

(Contains: 10 wheat, 14)

€4.95

Selection of Ice Cream

(Contains: 2)

€3.50

