12" Margherita Pizza

€14.00

Homemade pizza dough, tomato sauce, oregano & mozzarella Contains: 2.10 wheat

12" Pepperoni Pizza

€15.00

Homemade pizza dough, tomato sauce, pepperoni & mozzarella Contains: 2.10 wheat.14

12" Four Cheese Pizza

€15.00

Homemade pizza dough, tomato sauce, mozzarella, gorgonzola, goats cheese, grana padano Contains: 2.10 wheat

Sides

€3.90 each

French fries

Potato wedges

Chunky chips

Sweet potato fries

Beer battered onion rings

Contains: 6 10 wheat 14

Tossed garden salad with house dressing

Contains: 11

Seasonal vegetables

Contains: see your server





Magic Chocolate

€7.50

Chocolate dome, chocolate fondant, ice cream, berries, raspberry dust Choose from either chocolate sauce or salted caramel sauce Contains: 2, 6, 10 wheat, may contain traces of nuts & sesame

Oreo Cheesecake

€7.50

Salted caramel sauce, chocolate tuile, oreo crumb chocolate cream Contains: 2. 6. 10 wheat, may contain traces of nuts & sesame

Winter Berry Meringue

€7.00

Caramelized white chocolate, berry compote, fresh cream, winter berry purée Contains: 2, 6

Warm Apple Crumble

€7.00

Hot brandy custard, vanilla ice cream, cinnamon snow Contains: 2, 6, 10 wheat, 14

Selection of Ice Cream

€7.00

Biscuit crumb, fruit compôte, praline, berries Contains: 2, 5 almonds, 6, 7, 10 wheat

Kids Menn

Kids Soup of the Day

€3.50

Contains: see your server

Kids Caesar Salad

€5.50

Baby gem, smoked pancetta, caesar dressing, crunchy croutons & shaved parmesan Contains: 2, 6, 7, 9 anchovies, 10 wheat, may contain traces of nuts

Mini Burgers & Chips

€5.59

Two mini beef burgers in a mini bun with chips

Contains: 6, 7, 10 wheat, 14, may contain traces of nuts

Chicken Goujons & Chips

€5.59

Mini breaded chicken tenders with chips Contains: 10 wheat 14

Sausage & Chips

€5.59

Mini pork sausages served with chips Contains: 10 wheat 14

Cheesy Tomato Pasta

€4.95

Penne pasta, tomato sauce & parmesan cheese Contains: 10 wheat, 14

Selection of Ice Cream

€3.50

Choose from Vanilla, Chocolate or Strawberry Contains: 2

All of our beef is 100% Irish. Our oil for frying is GM free Pure Rapeseed Oil.

Allergens Agenda

Please inform your server about your allergies

1 Peanuts

2 Dairy

3 Macadamia nuts

4 Lupin 7 Sov

5 Nuts 8 Sesame 6 Eggs 9 Fish

10 Gluten

11 Mustard

12 Celery 13 Shellfish & Molluscs 14 Sulphur Dioxide/Sulphites







sanctuary bar





Bar Menn Appetizers

Chef's Soup of the Day

€6.50

Homemade Irish soda bread Contains: 2, 10 wheat, 12

Seafood Chowder

€9.00

Selection of fresh & smoked fish, shrimp & mussels, white wine cream, spring onion, herb oil

Contains: 2, 9 salmon, haddock, hake, 12, 13 prawns & shrimp

Chicken Liver Pâté

€9.50

Chilli jam, toasted sourdough
Contains: 2, 10 wheat, rye, 12, 14, may contain traces of sesame & nuts

Crispy Chicken Wings

€10.50

Butter hot sauce, celery stick, garlic dip *Contains:* 2, 6, 7, 12

Bruschetta

€8.50

Tomato & basil salsa, garlic, toasted ciabatta, balsamic, olive oil, grana Padano Contains: 2.7.8.10 wheat. 14



Speciality Sandwiches

Wild Mushroom

& Thyme Flatbread

€8.50

Cream, garlic, shaved grana padano, chives
Add bacon
€1.00
Contains: 2.7.8.10 wheat

Contains. 2, 7, 8, 10 Wheat

Oak Smoked Salmon Sandwich €9.50

Homemade Irish soda bread, pickled red onion rings, baby capers, dressed arugula & citrus aioli

Add free range poached egg Contains: 2, 6, 9 salmon, 10 wheat, 14 €1.00

Chicken Caesar Wrap

€13.00

Grilled chicken, baby gem, caesar dressing, smoked pancetta, shaved parmesan Served with French fries Contains: 2, 6, 7, 9 anchovies, 10 wheat, may contain traces

Thai Wrap

of nuts

€13.50

Wok fried beef or chicken, peppers, onion, sweet chilli mayonnaise
Served with French fries
Contains: 6. 7. 10 wheat, may contain traces of nuts

Club Sandwich

€14.00

Triple decker sandwich with chicken breast, smoked streaky bacon, egg mayonnaise, lettuce, tomato Served with French fries Contains: 2, 6, 10 wheat, may contain traces of nuts

Sandwiches

Sandwiches available 11.30am - 5.00pm

Create your own:

Served with salad & a choice of two fillings

Whole Meal or White Bread

Contains: 10 wheat, may contain traces of nuts

Tortilla €6.50

Contains: 10 wheat

Gluten Free Bread

€7.00

€7.50

Contains: 7 may contain traces of sesame

Ciabatta
Contains: 7. 8. 10 wheat

Fillings

Chicken, Ham, Shaved Beef Tomato, Onion, Lettuce

Tuna & Sweet Corn in Mayonnaise

Contains: 6,7,9

Egg Mayonnaise

Contains: 6, 7

Emmental Cheese

Contains: 2

Pickled Red Onion

Contains: 14

Coleslaw

Contains: 6

Cream Cheese

Contains: 2

Main Plates

The Sanctuary Burger

€16.50

Grilled ½-pound beef patty, brioche bun, smoked streaky bacon, creamy emmental cheese, lettuce, beef tomato, caramelized onions, sanctuary sauce
Served with French fries
Contains: 2.6.7.8.10 wheat.11.14

Fish "N" Chips

€16.00

Beer battered fresh haddock fillet, minted mushy peas, chunky tartar sauce, fresh lemon. Served with chunky chips

Contains: 6. 2 haddock, 10 wheat, 14

Buttermilk Chicken Burger

€16.00

Brioche bun, honey mustard coleslaw, beef tomato, red onion, lettuce, creamy emmental cheese

Served with French fries Contains: 2, 6, 7, 8, 10 wheat, 11

10oz Pan Seared Sirloin Steak €26.95

Roasted vine tomatoes, beer battered onion rings, pepper corn sauce. Served with chunky chips

Contains: 2 6 10 wheat 12 14

Baked Fillet of Salmon

€17.00

Sweet potato puree, tender stem broccoli, asparagus, lemon dill sauce

Contains: 2,9 salmon, 14

Pan Seared Duck Breast

€18.00

Rainbow carrots, sautéed baby potato, caramelized orange, fig, beetroot, balsamic & honey jus Contains: 12, 14

Slow Braised Lamb Stew

€16.50

€15.00

Diced lamb, root vegetables, baby potatoes, rosemary & thyme, rich gravy
Served with homemade Irish soda bread
Contains: 2. 6. 7. 10 wheat. 11. 12. 14

Char Grilled Aubergine

Tofu, grilled courgette, crispy carrot, chilli & tomato jam, balsamic vinaigrette.

Spiced Chickpea & Coconut Curry

Add chicken

€14.00

€2.00

Crushed tomato, coconut milk, onion, cumin, garlic & baby spinach, lime & coriander oil Served with basmati rice

Contains: 11, may contain traces of nuts & gluten

Vegan Vegetable Burger

€15.00

Lettuce, tomato, caramelized onion, sautéed mushroom, vegan burger sauce

Served with French fries Contains: 7, 8, 10 wheat



Caesar Salad

€10.50

Baby gem, smoked pancetta, caesar dressing, crunchy croutons & shaved parmesan

Add grilled chicken Contains: 2, 6, 7, 9 anchovies, 10 wheat, may contain traces of nuts

Honey Roasted Butternut Squash

€13.00

€2.50

Toasted flaked almonds, dried cranberries, crumbled goats cheese, mixed leaves, honey mustard dressing

Contains: 2, 5 almonds, 11, 14

BLT Chopped Salad

€12.50

Bacon, baby gem, corn, red onion, avocado, feta cheese, cherry tomatoes, crunchy croutons, Italian dressing

Contains: 2, 10 wheat, 14

Warm Pear & Blue Cheese Salad

€13.50

Cashel blue cheese, crisp prosciutto, roasted walnuts, mixed leaves, pomegranate, honey & white wine vinaigrette
Contains: 2, 5, 10 wheat, 11, 14

Quinoa & Edamame Salad €13.50

Blueberries, grapes, cherries, sunflower seeds, walnuts, mixed leaves, dijon mustard & red wine vinaigrette

Contains: 7, 11, 14