

Lunch Options

Gourmet

Tea, Coffee, Gourmet Sandwiches or Wraps €14.95

Tea, Coffee, Soup, Gourmet Sandwiches or Wraps €19.95

Gourmet sandwiches your choice of 4 below

Grilled breast of chicken, sweet onion mayonnaise, crispy bacon & brie on country bread

Smoked chicken with mango, basil mayonnaise & baby spinach wraps

Smoked salmon, dill cream cheese & cucumber bagels

Prosciutto ham, semi dried tomato pesto on focaccia bread

Crab with chive, lemon & caper crème fraiche on soda bread

Poached salmon, sundried tomato mayonnaise & rocket wrap

Roasted vegetables, hummus, pesto & goats cheese on French baguette

Regular

Tea, Coffee, Sandwiches or Wraps €9.50

Tea, Coffee, Soup, Sandwiches or Wraps €14.95

Sandwich selection your choice of 4 below

Ham, grain mustard, tomato & cheddar cheese sandwiches

Tandoori chicken wraps with mint yoghurt & baby spinach wraps

Tuna sweet corn, mayonnaise & baby spinach wraps

Chilli chicken, sweet chilli mayonnaise, cos & red onion wraps

Beef, emmental cheese & tomato relish

Turkey (B.L.T.), bacon, lettuce, tomato & mayonnaise

Pepper salami, pickle & cheddar sandwich

Turkey, bacon, tomato lettuce mayonnaise sandwiches

Smoked salmon, cucumber & salad sandwiches

Roast beef with rocket, tomato & horseradish cream sandwich

Egg mayonnaise, lettuce & tomato & cucumber sandwich

Cajun chicken, mayonnaise & rocket wraps

Carrot, hummus & baby spinach wrap

Both options above are served with your **choice of one** of the following

Tortilla crisps with Mexican salsa / Prawn crackers with sweet chilli dipping sauce / Crisps

Upgrade your menu to include the following items

- Soup of day €5.50
- Sweet chilli chicken kebabs €4.50
- Cocktail sausages €3.50
- Beer battered onion rings €4.50
- Spicy wedges €3.50
- Breaded chicken & parmesan goujons €4.00
- Mixed Leaf Salad - Small Portion / Large Portion €3.95 / €6.95
- Coleslaw - Small Portion / Large Portion €3.95 / €6.95

Please tell us what you're allergic to and we will tell you what you can eat.

All items are priced per person and include VAT @9%, no service charge applies.



Buffet Lunch Options

Hot Fork Buffet

Buttered Chicken Masala

chicken breast marinated in tandoori spices, tomato, coriander, cream, yoghurt & toasted almonds

Moroccan Spiced Lamb Casserole

with chick peas & spinach

Caribbean Chicken

jerk spiced chicken breast with spiced mango, lime, ginger & coriander sauce

Thai Green Chicken Curry

Chicken Cacciatore

Hungarian Beef Goulash

Lamb, Leek, Rosemary & Haricot Bean Casserole

Beef Stroganoff

Stir-fried Beef

bamboo shoots, Asian greens

Navarin of Lamb & Parsley Butter

Moroccan Lamb Tagine

Vegetarian

Thai-Style Green Vegetable Curry

Red Curry Of Roasted Sweet Potato, Pumpkin, Beans & Basil

Salad Options

Chickpea, Roasted Pumpkin, Feta & Baby Spinach With Sweet Chilli Dressing

Beetroot, Toasted Almonds And Rocket, Sweet Balsamic Dressing

Coleslaw Salad

Chickpea & Roast Pepper Salad

Ranch Potato Salad

Broccoli, Carrot & Nut Salad

Tomato, Basil & Mozzarella With Extra Virgin Olive Oil

Greek Salad

lettuce, cucumber, olives, feta & plum tomato with red wine vinegar & oregano dressing

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Pasta & Pesto Salad

Beetroot & Red Onion Salad

Carrot & Seed Salad

Traditional Vegetarian Caesar Salad

Thai Rice Noodles With Mint, Coriander & Asian Dressing

Roasted Vegetable & Dried Fruit Couscous Salad

Potato Options

Garlic Baby Roasted Potatoes

Paprika Roasted Potatoes

Cajun Spiced Potato Wedges

Baked Sweet Potato Wedges

Parsley Potatoes

Roasted Potatoes, Peppers, Shallots & Rosemary

Traditional Baked Potatoes

Selection of Desserts (available on request)

Extra Buffet Options

Replace rice or potato side & add €2.00 supplement extra per person

- Spiced Cous Cous
- Garlic Bread
- Garlic Bread With Cheese
- Mediterranean Style Focaccia
- Soup Of The Day

Price for a choice of 2 main courses, rice, potato side, 2 x salads, bread rolls & baguettes, 1 dessert, tea/coffee	€23.00
Price per choice of extra main course	€3.50
Price per choice of extra salad	€1.50
Price per choice of extra dessert	€2.50





Continental breakfast

Enjoy the selection of items below served with butter, fruit preserves & natural yoghurt (minimum numbers 10 delegates)

Mini Danish Pastries, Croissants, Cold Meats, Sliced Cheese, Diced Pineapple, Orange Segments, Grapefruit Segments, Freshly Brewed Coffee, Herbal Teas, Fresh Orange Juice €14.95

Upgrade the Continental Breakfast & add one or more of the following:

Continental Breakfast, Bacon & Egg Baps	€19.50
Continental Breakfast & Sausage Bap	€18.50
Continental Breakfast & Eggs Benedict	€19.95
Continental Breakfast, Ham & Cheese Croissants	€18.50
Continental Breakfast, Smoked Salmon & Cream Cheese Bagel	€22.50

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Cakes & Bakes for Afternoon Treats

Tea, Coffee, Scones with Cream & Strawberry Jam	€5.50
Tea, Coffee & a Selection of Iced & Jam filled Doughnuts	€5.50
Tea, Coffee & Cup Cakes	€5.95
Tea, Coffee & Chocolate Chunk filled Mini Loaf Cake	€5.95
Tea, Coffee & Raspberry & Apple filled Mini Loaf Cake	€5.95
Tea, Coffee & Strawberry Bakewell Tray Bake	€5.95
Tea, Coffee & Chocolate Brownies	€5.95
Tea, Coffee & Caramel Slice Tray Bake	€5.95
Mini Magnums *	€2.00
Mini Macaroons *	€2.50

* Excludes tea/coffee

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Morning Refreshments

Tea, Coffee	€3.25
Tea, Coffee & Mini Danish Pastries	€5.25
Tea, Coffee & Mini Chocolate Muffins	€5.50
Tea, Coffee & Mini Blueberry Muffins	€5.50
Tea, Coffee & Hot Cookies	€5.20
Fresh Fruit Platter with Yoghurt Dip	€6.75
Fresh Fruit Kebab with Minted Yoghurt Dip	€6.75
House-made Bircher Style Muesli	€6.55
Granola, Berry & Yoghurt Glass	€3.95
Selection of Smoothies	€3.50
Selection of Fresh Juices, – Orange, Grapefruit or Apple	€4.20
Selection of Breakfast Treats including Tea & Coffee	
• Bacon & Egg Bap	€8.50
• Sausage Bap	€7.50
• Ham & Cheese Croissants	€7.95
• Smoked Salmon & Cream Cheese Bagel	€8.50

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